



Ballina Soccer Inc.

Free Training Opportunity

Monday Nights – 4pm – 7pm

Ballina Hockey Fields – Kingsford Smith Park



Ages 5 – 8

4pm – 5pm

Ages 9 – 11

5pm – 6pm



Ages: 12 – 16

6pm – 7pm

Monday Night Program:

Those that are participating are having a great time and learning important skills from Vinny.

This is a free program offered by Ballina Soccer club (with the assistance of the Ballina RSL & Futsal FNC).

There is no other club on the North Coast that offers this opportunity as part of their registration i.e FREE.

(When missing training days due to wet weather – has been great for keeping skills up)

How can you Help your club:

Our coaches & team supporters are doing a great job but a lot of work continues to be left up to a core group of individuals – **How can you help ?**

- Assist in ground set up & break down
- Offer assistance in the canteen (a roster for all teams will be out soon) – (In many clubs now if there is no help in the canteen – teams do not play).
- Turn up to a committee meeting once a month & see how you can assist the Club.

Every single team should have some people stepping up (apart from coaches) to offer help.

But I'm busy! – We are all busy with work and/or family **BUT** – **no help = no club.**